



Patient Information Leaflet

Mometasone Furoate Monohydrate Nasal Spray

Metaspray



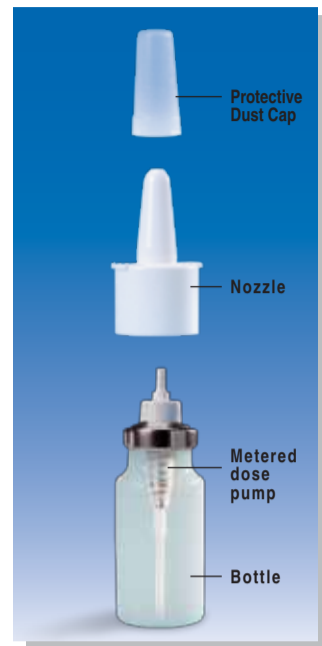
100 METERED DOSES

Before using your Metaspray Nasal Spray read this leaflet carefully and follow the instructions.

Cipla



Parts of the Nasal Spray



Using your Nasal spray correctly

Before use :



Shake the bottle gently and then remove the protective dust cap.



Hold the bottle as shown with your forefinger and middle finger on either side of the nozzle and your thumb underneath the bottle.



If using for the first time or if you have not used it for a week or more, test the spray: with the nozzle pointing away from you, press down several times as shown until a fine mist comes out of the nozzle.

During use:



Blow your nose gently.



Close one nostril as shown and put the nozzle in the other nostril.

6 Start to breathe in through your nose and WHILE BREATHING IN press down with your fingers ONCE to release a spray.



Breathe out through your mouth. Repeat steps 6 and 7 to inhale a second spray.

8 Repeat steps 5, 6 and 7 for the other nostril.

After use



Wipe the nozzle with a clean handkerchief/ tissue and replace the protective dust cap.

Cleaning your Nasal Spray

Your nasal spray should be cleaned at least once a week.

To do this:



Push the nozzle upwards to detach from the bottle.



Wash the nozzle and the dust cap in warm water.



Shake off excess water and allow nozzle and cap to dry at room temperature before refitting into the bottle.

Note:

If the nozzle becomes blocked remove it as shown and soak in warm water. Rinse the nozzle under running cold water from a tap. Allow the nozzle to dry before refitting it to the bottle.

DO NOT USE A PIN OR A SHARP OBJECT TO UNBLOCK THE NOZZLE AS THIS WILL DESTROY THE SPRAY MECHANISM.

Storage:

Store below 25°C Protect from light.

For the use only of a Registered Medical Practitioner or a Hospital or a Laboratory

Metaspray

Each spray delivers Mometasone Furoate Monohydrate equivalent to Mometasone Furoate USP 50 mcg

Composition

Mometasone Furoate Monohydrate equivalent to Mometasone Furoate USP 0.05% w/v Benzalkonium Chloride NF 0.01% w/v (as preservative) Phenyl Ethyl alcohol USP 0.25%v/v (as preservative)

Description

Mometasone furoate is a synthetic non-fluorinated corticosteroid with anti-inflammatory activity.

Indications

Metaspray Nasal Spray is indicated for the treatment of seasonal and perennial allergic rhinitis symptoms in adults and pediatric patients 2 years of age and older.

Metaspray Nasal Spray is indicated for the prophylaxis of seasonal allergic rhinitis symptoms in adult and adolescent patients 12 years and older.

Dosage and Administration

Adults and children 12 years of age and older: 2 sprays in each nostril once daily. Prophylaxis: begin 2-4 weeks prior to anticipated start of pollen season. Children 2 to 11 years of age : 1 spray in each nostril once daily.

Contraindications

Hypersensitivity to any of the components of this preparation.

Warnings and Precautions

The replacement of a systemic corticosteroid with a topical corticosteroid can be accompanied by signs of adrenal insufficiency. Some patients may experience symptoms of withdrawal e.g. joint and/or muscular pain, lassitude and depression.

The concomitant use of an intranasal corticosteroid with other corticosteroids could increase the risk of signs or symptoms of hypercorticism and/or suppression of the HPA-axis.

Therefore Metaspray should be used cautiously in patients with other pathological conditions requiring steroids.

Intranasal corticosteroids may cause a reduction in growth velocity when administered at higher dose. The recommended dosage of Metaspray should not be exceeded.

Special care is needed in patients with lung tuberculosis and fungal and viral infections. Children who are on immunosuppressant drugs are more susceptible to infections than healthy children. Chicken pox and measles for example can have a more serious or even a fatal course in children on immunosuppressant corticosteroids. During long-term therapy, monitoring of hematological and adrenal function is advisable.

In clinical studies with intranasal mometasone, the development of localized infections of the nose and the pharynx with Candida albicans has been seen rarely. When such an infection develops, it may require treatment with appropriate local anti-infective therapy and discontinuation of the treatment with Metaspray is advised

Pregnancy

The use of mometasone in pregnant women requires that the therapeutic benefits of the drug be weighed against the potential hazards to the mother and the baby.

Lactation

The use of mometasone in lactating women requires that the therapeutic benefits of the drug be weighed against the potential hazards to the mother and the baby.

Side Effects

Common adverse reactions seen with mometasone nasal spray are headache, pharyngitis, coughing, sinusitis and epistaxis.

Presentation

Metaspray Nasal Spray 100 metered doses

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